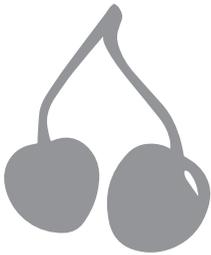

An added advantage?

A guide to working in the
betting and gambling industry



National Gambling Helpline
Call free: 0808 8020 133
www.gamcare.org.uk



Lucky for some?

“Sometimes I’m giving out prizes and I think... yes, I could have some of that.”

Gaming staff member

If this is your early warning call, listen and do something about it.

1. Do you believe that because you work in the industry, understand the odds, know the game, have knowledge of machines... it all adds up to making you a better gambler, a winner?
2. Do friends and family ask you for ‘tips’, or suggest that because you work in the industry, you know what’s going to win?
3. Does listening to and watching your customers make you think that you could gamble better... that you could have that elusive win?
4. Is gambling or betting your way of relaxing when you leave work? Is gambling taking over your life?

There is no added advantage to working in the betting and gambling industry. Just like your customers, you can lose as well as win.

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The nature of betting and gambling is chance, risk and excitement, but it can be difficult for some staff - especially those who work in a gaming environment - not to get drawn in.

Gaming industry staff often work shifts, in particular late nights and early mornings. The resulting tiredness and anxiety could be reasons to turn to gambling, along with other factors.

Understandably, as a staff member, it can be hard to come forward and be honest about your gambling. Are these questions running through you mind...?

- Is my gambling affecting my work?
- What if I talk to my boss?
- Could my job be at risk?
- Where do I go for help?

If you are concerned about your gambling, or someone else’s, don’t keep it to yourself. Talk to someone that you trust.

GamCare provides the freephone National Gambling Helpline on [0800 8020 133](tel:08008020133) as well as a range of online help including a web chat service and peer to peer support on our Forum.

The Helpline is open seven days a week, from 8am - midnight. We provide emotional support, advice, information and referrals to free treatment provided by GamCare and our Partners across Great Britain. We support people experiencing problems with their gambling as well as their friends and family.

Our specially trained and experienced practitioners can give you the safe, confidential space you need to discuss how gambling affects you, and we will work with you to find strategies to help you move forward in a positive way. Find out more by talking to a Helpline Advisor or on our website at www.gamcare.org.uk.

Seeking help and advice

It may also be helpful to seek advice from your doctor or from the following support agencies:

Gamblers Anonymous

A support fellowship for problem gamblers.
www.gamblersanonymous.org.uk

Gam-Anon

Support for friends and families affected by gambling.
www.gamanon.org.uk

Gordon Moody Association

A residential treatment centre for problem gamblers.
www.gordonmoody.org.uk

Citizens Advice

Free, independent and confidential advice and information.
www.citizensadvice.org.uk

National Debtline

Free, independent and confidential advice on money and debt.
0808 808 4000
www.nationaldebtline.org

StepChange Debt Charity

Free, confidential advice and support.
0800 138 1111
www.stepchange.org

PayPlan

Free, confidential advice on resolving debt problems.
0808 274 1163
www.payplan.com

